

# A note on Hempel–McMillan coverings of 3-manifolds

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## Abstract

Motivated by the concept of  $\mathcal{A}$ -category of a manifold introduced by Clapp and Puppe, we give a different proof of a (slightly generalized) Theorem of Hempel and McMillan: If  $M$  is a closed 3-manifold that is a union of three open punctured balls then  $M$  is a connected sum of  $S^3$  and  $S^2$ -bundles over  $S^1$ .

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## 1. Introduction

The concept of an  $\mathcal{A}$ -category of a manifold was introduced in [1]. A special case of this concept for a closed, connected 3-manifold  $M$  is as follows: Let  $A$  be a point, a 1-sphere  $S^1$ , a 2-sphere  $S^2$ , a projective plane  $P^2$ , a 2-dimensional torus  $T^2$ , or a 2-dimensional Klein bottle  $K^2$ . An open set  $C$  of  $M$  is  $A$ -categorical if there exist maps  $\phi: C \rightarrow A$  and  $\rho: A \rightarrow M$  such that the inclusion map  $\iota: C \rightarrow M$  is homotopic to  $\rho \cdot \phi$ .

The  $A$ -category of  $M$ ,  $A\text{-cat}(M)$  is the minimal number of  $A$ -categorical open sets that cover  $M$ . When  $A$  is a point, the  $A$ -category of  $M$  is the classical Lusternik–Schnirelmann category  $\text{cat}(M)$  of  $M$ . This invariant was studied in [3]. In a forthcoming paper [5] we will study the case  $A = S^1$ .

In order to better understand the  $A$ -category invariant we start by studying what we will call the “Hempel–McMillan” coverings of 3-manifolds. These are coverings of  $M$  by the interiors of given  $I^k$ -bundles over a fixed  $A$ , where  $k + \dim(A) = 3$ . When  $A$  is a point then this is a covering of  $M$  by open balls. It is well known that if  $M$  is covered by two balls then  $M = S^3$  (see e.g. [4]) and the existence of a Heegaard-splitting shows that every  $M$  can be covered by four open balls. Hempel and McMillan [8] proved that if  $M$  is covered by three open balls, then  $M$  is a connected sum of finitely many  $S^2$ -bundles over  $S^1$ . Up to the Poincarè Conjecture the same is true for  $\text{cat}(M)$  [3].

When  $A$  is as above the manifolds covered by the interiors of two  $I^k$ -bundles were classified in [4]. In order to study the classification of 3-manifolds covered by three sets of this type, we start with the case that  $A$  is a point or  $S^2$

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and give in this paper a new proof of (a generalized) Hempel–McMillan Theorem, which possibly can be adapted to classify manifolds  $M$  covered by three open  $I^k$ -bundles over  $S^1$ ,  $P^2$ ,  $T^2$ , or  $K^2$ .

## 2. Preliminaries

We first establish a corollary that allows us to work in the pl-category.

The following lemma is well known (see e.g. [2, Chapter VII, Theorem 6.1]) and easy to prove:

**Lemma 1.** *If  $\{U_1, \dots, U_m\}$  is an open cover of the normal space  $X$ , then there is a closed cover  $\{C_1, \dots, C_m\}$  of  $X$  with  $C_i \subset U_i$  ( $i = 1, \dots, m$ ).*

**Lemma 2.** *Let  $M^n$ ,  $W_1, \dots, W_m$  be smooth compact  $n$ -manifolds with  $M^n$  closed. Let  $\{U_1, \dots, U_m\}$  be an open cover of  $M^n$  with  $U_i$  diffeomorphic to  $\text{int } W_i$  ( $i = 1, \dots, m$ ). Then there exist smooth embeddings  $f_i: W_i \rightarrow M^n$  such that*

- (1)  $\bigcup_{i=1}^m \text{int } f_i(W_i) = M^n$  and
- (2)  $f_i(\partial W_i)$  is transversal to  $\bigcap_{j < i} f_j(\partial W_j)$  for  $i = 2, \dots, m$ .

**Proof.** By Lemma 1 there exist  $C_1, \dots, C_m$  compact with  $C_i \subset U_i$  ( $i = 1, \dots, m$ ) and  $\bigcup_{i=1}^m C_i = M^n$ . For each  $i$  there are submanifolds of  $U_i$  diffeomorphic to  $W_i$  and with interior containing  $C_i$ . Let  $f_1: W_1 \rightarrow U_1$  be a smooth embedding with  $C_1 \subset \text{int } f_1(W_1)$ .

Suppose that inductively we have defined for  $i = 1, \dots, k$  smooth embeddings  $f_i: W_i \rightarrow U_i$  with  $C_i \subset \text{int } f_i(W_i)$  and such that (2) holds. Then, if  $k < m$ , by the Transversality Theorem and the Stability Theorem for embeddings [7, p. 68, p. 35(e), respectively] there exists an embedding  $f_{k+1}: W_{k+1} \rightarrow U_{k+1}$  with  $C_{k+1} \subset \text{int } f_{k+1}(W_{k+1})$  such that (2) holds, completing the inductive construction of the  $f_i$ . Note that (1) holds also since  $C_i \subset \text{int } f_i(W_i)$ ,  $i = 1, \dots, m$ .  $\square$

**Remark.** The second condition is equivalent to the following:

If  $x \in f_{i_1} \partial(W_{i_1}) \cap f_{i_2} \partial(W_{i_2}) \cap \dots \cap f_{i_r} \partial(W_{i_r})$  with  $i_1 < i_2 < \dots < i_r$ ,  $r \geq 2$ , and if  $n_{i_j}(x)$  is a nonzero vector of  $T_x(M^n)$  perpendicular to the tangent space of  $f_{i_j} \partial(W_{i_j})$  at  $x$  ( $j = 1, \dots, r$ ), then  $n_{i_1}(x), n_{i_2}(x), \dots, n_{i_r}(x)$  are linearly independent.

In particular, for  $m = 3$ , we obtain the following

**Corollary 3.** *Suppose  $M$  is a closed 3-manifold covered by three open sets  $H_1, H_2, H_3$ , such that  $H_i$  is homeomorphic to the interior of a compact connected 3-manifold  $V_i$  ( $i = 1, 2, 3$ ). Then  $M$  admits a covering  $M = V_1 \cup V_2 \cup V_3$  such that  $\partial V_1$  is transversal to  $\partial V_2$ , and  $\partial V_3 \subset \text{int}(V_1 \cup V_2)$ , and  $V_1, V_2, V_3$  are pl embedded.*

We will use the following notations throughout this paper:

- $\mathbb{B}$  denotes a connected sum of  $S^3$  and  $S^2$ -bundles over  $S^1$  (with finitely many factors);
- $H$  or  $H_i$  denotes a punctured ball with finitely many punctures (possibly no punctures);
- $W$  or  $W_i$  denotes a handlebody (orientable or non-orientable).

By an  $n$ -times punctured  $M$  we mean a manifold obtained from  $M$  by removing interiors of  $n$  disjoint balls in  $\text{int}(M)$ . We allow  $n = 0$ . Note that a connected punctured  $M = M \# H$ , for some punctured ball  $H$ .

By an open punctured ball we mean a manifold homeomorphic to an open ball with a finite number of points removed.

**Lemma 4.** *Suppose  $N$  is a connected 3-manifold that is a union of punctured balls  $B_1, \dots, B_n$  such that  $\partial B_i \cap \partial B_j = \emptyset$  for  $i \neq j$ , then  $N = \mathbb{B} \# H$ .*

**Proof.** For a fixed index  $i$  ( $1 \leq i \leq n$ ) the collection of 2-spheres  $(\partial B_1 \cup \dots \cup \partial B_n) \cap \text{int } B_i$  cuts  $B_i$  into punctured balls  $B_{i_1}, \dots, B_{i_{n_i}}$ . Now  $N$  is obtained from a collection of punctured balls by identifying (some) boundary spheres in pairs. The result follows.  $\square$

A 3-manifold  $N$  is obtained from a collection of 3-manifolds  $N_1, \dots, N_n$  by successive 1-handle attachments if we start by attaching a 1-handle to  $N_1 \cup \dots \cup N_n$  (either to one component  $N_i$  or two components  $N_i, N_j$ ) and then successively repeat attaching 1-handles to the resulting collections of 3-manifolds (a finite number of times).

The following lemma is easily proved by induction on the number of 1-handle attachments (see e.g. [6, Lemma 2(a)]).

**Lemma 5.** *If  $N$  is a connected 3-manifold obtained from a collection of punctured balls  $B_1, \dots, B_m$  by successive 1-handle attachments then  $N = \mathbb{B} \# W_1 \# \dots \# W_n \# H$ , for some  $n \geq 0$ .*

### 3. Union of two balls

Suppose  $B_1, B_2$  are two punctured balls embedded in the interior of some 3-manifold with  $\partial B_1$  transversal to  $\partial B_2$ . Let  $N = B_1 \cup B_2$ . If  $F$  is an innermost planar surface of  $\partial B_1 \cap B_2$ , not a disk, we attach 2-handles to  $B_2$  (near  $F$ ) to obtain a new punctured ball  $B_2^*$  so that  $N$  is homeomorphic to  $B_1 \cup B_2^*$  and the component  $F$  of  $\partial B_1 \cap B_2$  is replaced by a disk component  $\widehat{F}$  of  $\partial B_1 \cap B_2^*$ . We call this process a 2-handle move on  $B_2$  near  $F$  (see Fig. 1).

**Theorem 6.** *Suppose  $B_1, B_2$  are two punctured balls embedded in the interior of some 3-manifold with  $\partial B_1$  transversal to  $\partial B_2$  and let  $N = B_1 \cup B_2$ . Then  $N = \mathbb{B} \# W_1 \# \dots \# W_n \# H$  for some  $n \geq 0$ .*

**Proof.** If  $\partial B_1 \cap \partial B_2 = \emptyset$  then Lemma 4 applies. Otherwise the components of  $\partial B_1 \cap B_2$  are planar surfaces.

*Step 1:* Suppose there is a disk component  $\widehat{F}$  of  $\partial B_1 \cap B_2$ .

Do surgery on  $\widehat{F}$  to cut  $B_2$  into two punctured balls with copies  $\widehat{F}'$  and  $\widehat{F}''$  of  $\widehat{F}$  in their boundaries.

*Step 2:* Suppose  $F$  is an innermost planar surface of  $\partial B_1 \cap B_2$ , not a disk.

Perform a 2-handle move on  $B_2$  near  $F$  and then do step (1) on the resulting disk component  $\widehat{F}$ .

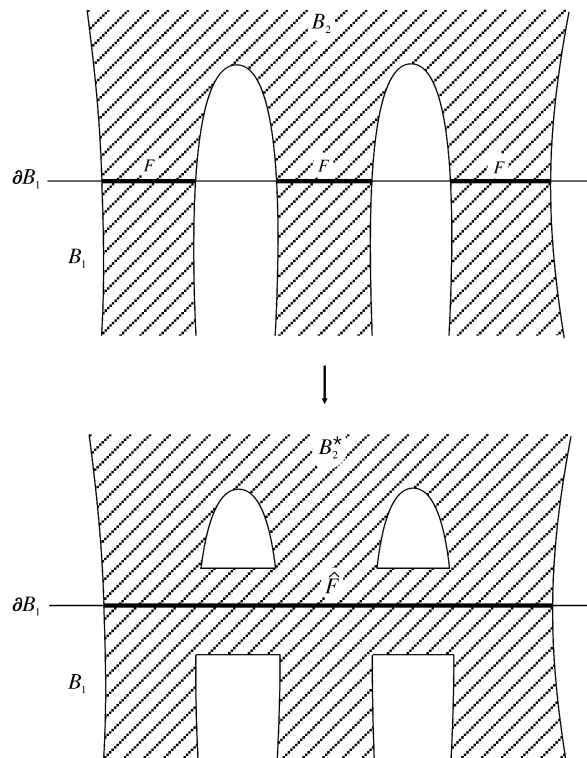


Fig. 1. A 2-handle move.

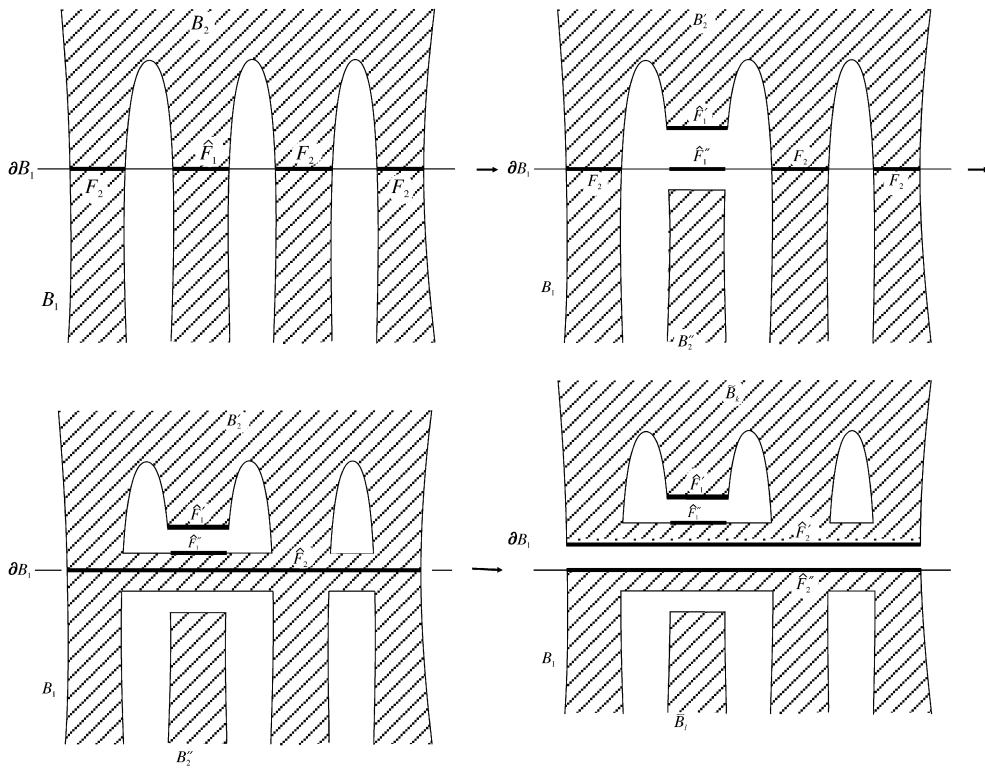


Fig. 2.

Doing steps 1 and 2 repeatedly starting with disk components of  $\partial B_1 \cap B_2$  and then with innermost planar components, we convert  $B_2$  into a collection of punctured balls  $\tilde{B}_k$ . This is illustrated in Fig. 2, doing step 1 on  $\hat{F}_1$  and then step 2 on  $F_2$ . We may ignore those  $\tilde{B}_k$ 's that lie in  $B_1$ . Then  $N$  is obtained from  $B_1$  and a collection of punctured balls  $\tilde{B}_k$  by successive 1-handle attachments (in the picture first identify the two copies  $\hat{F}_2, \hat{F}_2''$  of  $\hat{F}_2$ , then two copies  $\hat{F}_1', \hat{F}_1''$  of  $\hat{F}_1$ ) and the Theorem follows from Lemma 5.  $\square$

#### 4. Unions of three balls

We now prove the main theorem.

**Theorem 7.** *If  $M$  is a closed 3-manifold that is a union of three open punctured balls then  $M = \mathbb{B}$ .*

**Proof.** By Corollary 3 we may assume that  $\partial B_1$  is transversal to  $\partial B_2$  and  $\partial B_3 \subset \text{int}(B_1 \cup B_2)$ . Then the manifold  $N = B_1 \cup B_2$  is as in Theorem 6 and  $M = N \cup B_3$ , with  $\partial B_3 \cap N = \emptyset$ .

We represent  $N$  as

$$N = H \cup K_1 \cup \dots \cup K_m \cup W_1 \cup \dots \cup W_n$$

where  $H$  is a punctured ball,  $K_j$  is a once-punctured  $S^2$ -bundle over  $S^1$  ( $j = 1, \dots, m$ ) and  $W_i$  is a once-punctured handlebody; furthermore  $K_j \cap K_i = W_j \cap W_i = \emptyset$  for  $i \neq j$ ,  $H \cap K_j = \partial H \cap \partial K_j = C'_j$  is a 2-sphere ( $j = 1, \dots, m$ ) and  $H \cap W_i = \partial H \cap \partial W_i = C_i$  is a 2-sphere ( $i = 1, \dots, n$ ).

Let  $S_j$  be a non-separating 2-sphere in  $\text{int} K_j$ . We may assume that  $C_i, C'_j, S_j$  are transversal to  $\partial B^3$ .

If  $B_3 \cap S_j$  consists of planar surfaces perform 2-handle moves on  $B_3$  and cut along disks in a regular neighborhood of  $S_j$  as in the proof of Theorem 6. Do the same for planar surfaces of  $B_3 \cap C'_j$  and  $B_3 \cap C_i$  ( $j = 1, \dots, m, i = 1, \dots, n$ ).

Since  $S_j, C'_j, C_i$  are in  $\text{int}(N)$  this process converts  $B_3$  into a disjoint collection  $\tilde{B}_k$  of punctured balls so that  $M = N \cup \bigcup_k \tilde{B}_k$  where  $\partial \tilde{B}_k \cap C'_j = \partial \tilde{B}_k \cap C_i = \partial \tilde{B}_k \cap S_j = \emptyset$  for all  $k$  and  $i = 1, \dots, n, j = 1, \dots, m$ .

We now cut  $N$  along the non-separating 2-spheres  $S_j$  into  $N' = \tilde{H} \cup W_1 \cup \dots \cup W_n$  where  $W_i \cap \tilde{H} = \partial W_i \cap \partial \tilde{H} = C_i$  ( $i = 1, \dots, n$ ) and let

$$M' = N' \cup \bigcup_k \tilde{B}_k = \tilde{H} \cup W_1 \cup \dots \cup W_n \cup \bigcup_k \tilde{B}_k \tag{*}$$

Note that  $M$  is obtained from  $M'$  by identifying some 2-spheres in  $\partial M'$  in pairs (corresponding to the  $S'_j$ ).

Let  $\partial W_i = T_i \cup C_i$ . Since  $M$  is closed we have  $\partial \tilde{B}_k \cap T_i = \emptyset$  hence  $\partial \tilde{B}_k \subset \text{int } \tilde{H} \cup \text{int } W_i$  ( $i = 1, \dots, m$ ).

If a component  $S$  of  $\partial \tilde{B}_k \cap \text{int } W_i$  bounds a ball  $B$  in  $W_i$  we look at an innermost such  $B$ . Then either  $\tilde{B}_k = B$ , in which case we delete  $\tilde{B}_k$  from the collection in (\*), or  $\tilde{B}_k \cap B = S$ , in which case we replace  $\tilde{B}_k$  in (\*) by  $\tilde{B}_k \cup B$ . Thus we may assume (since handlebodies are irreducible) that each component  $S$  of  $\partial \tilde{B}_k \cap W_i$  is parallel in  $W_i$  to  $C_i$ , and we can push all components of  $\bigcup_k \partial \tilde{B}_k \cap W_i$  across  $C_i$  into  $\text{int } \tilde{H}$  by an isotopy.

Hence we now assume that in (\*)  $\partial \tilde{B}_k \subset \text{int } \tilde{H}$  for all  $k$ . Since  $M$  is closed,  $T_i \subset \text{int } \tilde{B}_k$  for some  $k$ .

Let  $P$  be a point of  $W_i \setminus T_i$ . We join  $P$  by an arc  $\alpha$  in  $W_i$  to a point  $Q$  in  $T_i$  such that  $\text{int } \alpha \subset \text{int } W_i$ . Suppose  $P$  does not lie in  $\tilde{B}_k$ . Then since  $Q \subset \tilde{B}_k$ , the arc  $\alpha$  must intersect  $\partial \tilde{B}_k$ . This is impossible since  $\alpha \subset W_i$  and  $\partial \tilde{B}_k \cap W_i = \emptyset$ .

Hence  $W_i \subset \tilde{B}_k$  and we may delete  $W_i$  in (\*) to obtain  $M' = \tilde{H} \cup \bigcup_k \tilde{B}_k$  as in Lemma 4 (since  $\partial \tilde{H} \cap \partial \tilde{B}_k = \emptyset$ ). Hence  $M' = \mathbb{B} \# H$  and  $M = \mathbb{B}$ .  $\square$

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